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Thinking about what it takes to support children and young people with autism take a look at the following 'statements' and give yourself a score between 1 and 5

1 = "I know next to nothing about that area of autism. This area is a developmental need or competency gap"

5 = "I'm an expert in that area - I could educate other people on that aspect of autism"

- ①②③④⑤ I can **describe** the characteristics associated with autism and the range of abilities and difficulties that span the autism spectrum
- ①②③④⑤ I **understand** how the differences in autism affect learning and everyday life
- ①②③④⑤ I can **list** some of the other conditions that often go hand-in-hand with autism and **describe** their implications for education, care and support
- ①②③④⑤ I **understand** how to help the young person develop an individualised activity programme for play and learning
- ①②③④⑤ I have an **insight** into how and why young people with autism sometimes communicate with their behaviour
- ①②③④⑤ I **understand** the impact of the environment, interaction and other stressors which can 'set the scene' for difficult behaviour
- ①②③④⑤ I **appreciate** the needs of the family and give pro-active, positive support
- ①②③④⑤ I **understand** the sensory processing, and sensory sensitivity differences often present in autism
- ①②③④⑤ I **know** how to compile a sensory profile for a learner with autism
- ①②③④⑤ I **know** how to adapt the learning/living environment to benefit a young person with autism
- ①②③④⑤ I'm **aware** of a range of tools and techniques that support speech language and communication

Areas of my autism knowledge or skills that are particular strengths...

Areas of my autism knowledge or skills that are particular learning needs...

You'll need this Personal Learning Plan later in the course